



Fortification of Food Products with Antioxidant-Rich Materials - 2nd Edition

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Message from the Guest Editors

Functional components belong to different groups (e.g., carotenoids, vitamins, phenolic compounds, peptides, and essential oils), but their common nature is the antioxidant action. They are successfully incorporated into a wide range of foods, such as bakery, pasta, beverages, meat, or dairy products, in different forms (e.g., antioxidant-rich powders, solutions, or microcapsules). The final effects usually include the improvement of pro-health properties and consumer quality; however, they may also provide nutritional value. Furthermore, the functionality of antioxidants is additionally determined by their interaction with the food matrix or other antioxidants.

The aim of this Volume 2 Special Issue of *Antioxidants* is to bring together valuable studies on tailoring the pro-health activity of food products by fortification with antioxidant-containing functional additives. We welcome original research and review articles addressing any pro-health and nutritional properties of fortified or enriched foods, and all related topics indicated below.





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Message from the Editor-in-Chief

It has been recognized in medical sciences that in order to prevent adverse effects of "oxidative stress" a balance exists between prooxidants and antioxidants in living systems. Imbalances are found in a variety of diseases and chronic health situations. Our journal *Antioxidants* serves as an authoritative source of information on current topics of research in the area of oxidative stress and antioxidant defense systems. The future is bright for antioxidant research and since 2012, *Antioxidants* has become a key forum for researchers to bring their findings to the forefront.

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