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Rehabilitation Sciences and Physiotherapy: Latest Advances and Prospects

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Message from the Guest Editors

Dear Colleagues,

Physiotherapy and rehabilitation aim to help people improve their quality of life, function, and participation in various activities. It allows, therefore, to restore health after an illness, as well as to prevent the onset of various functional disorders and diseases. This is achieved using various techniques and methods.

Both physiotherapy and other rehabilitation methods are facing new challenges arising from changes in today's society. The aging of the population, the increase in chronic diseases, changes in lifestyle, and the development of new therapeutic tools represent a challenge that all those involved in physiotherapy and rehabilitation have to face.

This Special Issue will be dedicated to new perspectives in physiotherapy and rehabilitation sciences. We will not only discuss the effects of these sciences on people, but also their value as diagnostic and preventive tools. Original papers such as clinical trials, observational studies, systematic reviews, and case reports will be accepted.



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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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