



Clinical Nutrition, Supplements and Food Engineering

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Message from the Guest Editor

Numerous studies have demonstrated the effect of malnutrition and/or sarcopenia on clinical outcomes in cancer patients, though there is still an insufficient number of studies that assess the effects of oral nutritional supplements or special foods on nutritional and clinical outcomes in cancer patients. Moreover, clinicians have been dealing with misinformation that causes patients to express doubts and fear about taking oral nutritional supplements or adopt novel dietary rules during the course of oncological treatment.

For this Special Issue, we welcome original articles, meta-analyses, and systematic reviews or narrative reviews that focus on the benefits and/or harms of oral nutritional supplement use in cancer patients, with particular focus on the effects of dietary supplements or specific dietary patterns on clinical outcomes, the prevalence of oral nutritional supplement use, and compliance with novel dietary habits and their effect on patients' nutritional status, such as muscle mass and clinical outcomes.





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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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