



Assessment of Food and Nutrition: Theory, Methods and Applications

Guest Editors:

Dr. Laurencia Govender

Dietetics and Human Nutrition
Department, University of
KwaZulu-Natal, Durban 4041,
South Africa

Dr. Lize Havemann-Nel

Centre of Excellence for
Nutrition, North-West University,
Potchefstroom 2531, South Africa

Dr. Kirthee Pillay

Dietetics and Human Nutrition
Department, University of
KwaZulu-Natal, Durban 4041,
South Africa

Deadline for manuscript
submissions:

closed (20 July 2023)

Message from the Guest Editors

Dear Colleagues,

Globally, the triple burden of malnutrition co-exists and is on the rise. Although enough food is produced in many countries, access to adequate nutritious foods, unhealthy food environments and poor dietary behaviors remains a problem. Good nutrition is critical for optimal health, growth, and development, especially in vulnerable population groups. Thus, it is important to determine the types and quality of the foods consumed and whether these foods meet nutritional requirements. This Special Issue invites you to submit reviews or original research on the assessment of food and nutrition.

The research presented in this Special Issue could possibly aid in the development food security and nutrition policies and better equip healthcare professionals to provide appropriate nutritional advice to vulnerable individuals and population groups.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo
Dipartimento di Fisica,
Politecnico di Milano, Piazza L.
da Vinci 32, 20133 Milano, Italy

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), Inspec, CAPlus / SciFinder, and other databases.

Journal Rank: JCR - Q1 (Engineering, Multidisciplinary) / CiteScore - Q1 (General Engineering)

Contact Us

Applied Sciences Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/applsci
applsci@mdpi.com
[X@Applsci](#)