



## Functional Fermented Food Products

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### Message from the Guest Editor

The market for fermented milk products is growing every year. Many new products are being made, with new flavor and functional additives being used. Therefore, there is a need to update on the latest knowledge concerning this product group. The most important fermented dairy products include fermented milk beverages (e.g., yogurt, kefir, buttermilk) and cheese. The modern consumer looks for both traditional and new products with functional properties. Dairy fermented products are made by means of microorganisms. In recent years, many researchers have focused on probiotic microorganisms which not only affect technological functions, but also can have a positive effect on human health. Because there are still many unanswered questions, especially in the context of new functional and health food products, I believe that this Special issue will broaden the horizons of our knowledge of fermented milk products.

Prof. Dr. Pawel Glibowski

*Guest Editor*

### Keywords

- fermented milk products
- functional products
- probiotic microorganisms
- fermented milk beverages
- cheese





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