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Advances in Sleep Monitoring Technology

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Message from the Guest Editor

Stress-induced insomnia is a major problem in today's society. It is considered important to predict and treat distortions in mental and physical balance by measuring autonomic balance and other factors. We look forward to your research on the relationship between sleep quality and other indicators and their treatment.

Deadline for manuscript
submissions:

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Special Issue



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Editor-in-Chief

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Message from the Editor-in-Chief

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