



## Herbal Medicines and Their Beneficial Effect in Inflammatory Diseases

Guest Editor:

**Prof. Dr. João Rocha**

Faculdade de Farmácia,  
Universidade de Lisboa—Av. Prof.  
Gama Pinto, 1649-003 Lisboa,  
Portugal

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### Message from the Guest Editor

Dear Colleagues,

Herbal medicines have played an important role in the discovery of new drugs. The tenet “Let food be thy medicine and medicine be thy food,” espoused by Hippocrates nearly 2500 years ago, are receiving renewed interest.

Among the various mechanisms exhibited by substances originating from these sources, antioxidant effects have been one of the most studied and pursued mechanisms. One of the main consequences or/and precursors of an oxidative process is inflammation. Given the association of inflammation with several diseases—such as diabetes, neurodegenerative diseases, stroke, respiratory diseases, and even cancer—the cellular pathways that regulate inflammatory processes have become the cornerstone of research for many acute and chronic diseases.

This Special Issue invites researchers to contribute original research articles as well as review articles related to the study of the beneficial effects of herbal/food products and their isolated components.

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Prof. João Rocha  
Guest Editor





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**Prof. Dr. Giulio Nicola Cerullo**

Dipartimento di Fisica,  
Politecnico di Milano, Piazza L.  
da Vinci 32, 20133 Milano, Italy

## Message from the Editor-in-Chief

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Applied Sciences Editorial Office  
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