



## Research of Sports Medicine on Health Care

Guest Editors:

**Dr. Daniel López-Plaza**

Departamento de Educacion,  
Universidad de Almeria,  
Carretera de Sacramento s/n,  
04120 La Canada de San Urbano,  
Almeria, Spain

**Dr. Pedro Manonelles**

Faculty of Medicine, Universidad  
Católica San Antonio de Murcia,  
30107 Murcia, Spain

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### Message from the Guest Editors

This Special Issue aims to explore the intricate intersection of sports medicine and healthcare, shedding light on the latest advancements, insights, and applications in this evolving field. It will encompass a wide range of topics, including but not limited to exercise prescription for various health conditions, doping prevention, injury prevention, and rehabilitation, nutrition's role in healthcare, mental health benefits of physical activity, and the utilization of technology in monitoring and improving health through sports. We invite contributions from researchers, clinicians, and experts in sports medicine, exercise physiology, rehabilitation, nutrition, public health, and related disciplines.

### Keywords

- health
- injury rehabilitation
- exercise prescription
- doping prevention
- injury prevention
- healthcare





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## Editor-in-Chief

**Prof. Dr. Giulio Nicola Cerullo**  
Dipartimento di Fisica,  
Politecnico di Milano, Piazza L.  
da Vinci 32, 20133 Milano, Italy

## Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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Applied Sciences Editorial Office  
MDPI, Grosspeteranlage 5  
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