



## Diagnostic and Interventions in Team Sports II

Guest Editor:

**Prof. Dr. René Schwesig**

Department of Orthopedic and  
Trauma Surgery, Martin-Luther-  
University of Halle-Wittenberg,  
06120 Halle, Germany

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### Message from the Guest Editor

Dear Colleagues,

Current diagnostic testing in team sports (e.g., soccer, handball, basketball, ice hockey) is often unspecific. Unfortunately, the same tests (e.g., SJ, CMJ, Yo-Yo IR1, sprint 10 m) are often performed in different team sports, despite their varying physical demands and requirements.

Furthermore, a direct link between test performance and match performance is missing, since it is difficult to measure match performance as a primary outcome.

Therefore, it is necessary to improve the parametrization of match performance as the “gold standard” to validate new complex, specific tests. The scientific evaluation of these tests (validity, reliability, etc.) and the provision of position- and league-specific reference data are important aims in this context. Such data would provide valuable information for the design of individual and position-specific training regimens.

In this context, this Special Issue is aimed at scientists and (athletic) coaches presenting new and innovative ideas and approaches.

Prof. Dr. René Schwesig

*Guest Editor*





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## Editor-in-Chief

**Prof. Dr. Giulio Nicola Cerullo**  
Dipartimento di Fisica,  
Politecnico di Milano, Piazza L.  
da Vinci 32, 20133 Milano, Italy

## Message from the Editor-in-Chief

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*Applied Sciences* Editorial Office  
MDPI, Grosspeteranlage 5  
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