



Novel Approaches for Preservation and Assessment of Bioactive Components in Foods

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Message from the Guest Editor

Food ingredients play an extremely important role in the human body. Consumed food should be rich in its characteristic ingredients. This is especially important in the context of disease prevention. The reasons for the reduced content of important food components are not only environmental and zootechnical factors (exhausted soil, poor-quality fodder), but also improperly conducted food processing. We do not always fully understand the role of individual food components in the human body. In recent years, more and more attention has been paid to, e.g., new technologies of food preservation, leading to fewer losses of important ingredients in the final product. We also know more about the role of individual components in the process of the proper expression of genes, which have been reported by publications on epigenetic mechanisms.





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Message from the Editor-in-Chief

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