



State of the Art in Comorbidities and Complications Associated with Sleep-Related Breathing Disorders

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Message from the Guest Editors

Dear Colleagues,

I invite you to contribute to a Special Issue of the journal Applied Sciences entitled “State of the Art in Comorbidities and Complications Associated with Sleep-Related Breathing Disorders”, which aims to present the most up-to-date knowledge in the diagnosis and interdisciplinary management of sleep-related breathing disorders in both children and adults.

The term “sleep-related breathing disorders” (SRBDs) encompasses a range of pathologic conditions characterized by abnormal respiration during sleep that can affect both children and adults. The expanding knowledge on this topic has revealed that impaired sleeping and breathing have profound effects on many systemic functions; therefore, a modern approach requires the collaboration of different professionals. Moreover, recent studies have raised attention on comorbidities that can be associated with SRBDs, and these comorbidities can influence SRBDs and vice versa. Regarding the current international situation, it would be interesting to evaluate the progress of COVID-19 disease in SRBD patients.

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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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