



Sports and Health Science, Technology and Engineering

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Dr. George Beckham

Deadline for manuscript
submissions:
closed (20 April 2023)

Message from the Guest Editors

Dear Colleagues,

It is our pleasure to announce this Guest Edited Collection.

Potential topics should fit or be related to the following fields: 1) the prevalence of one or more of the identified unhealthy behaviours; 2) the impact of one or more of the identified unhealthy behaviours on people's health; 3) interventions targeting one or more identified unhealthy behaviours; 4) new tests, protocols or technologies to reduce unhealthy behaviours or increase physical fitness, or other health-related parameters; and 5) new instruments, technologies or equipment applied to sports sciences and health.





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Editor-in-Chief

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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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