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Adaptability Resources, Future Work Selves, and Psychological Resilience: Systemic Determinants and Supports

Guest Editor:

Dr. Teresa Maria Sgaramella

Dipartimento di Filosofia, Sociologia, Pedagogia e Psicologia Applicata, University of Padova, 35137 Padova, Italy

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Message from the Guest Editor

The complexities and unpredictability of current times underline the relevance of taking an 'individual-in-context perspective' where diverse systemic influences are considered, especially for people with complex stories whose voices are seldom heard.

Research on intrapersonal influences and strengths proposes Career Adaptabilities as effective individual resources for coping with current and anticipated tasks, transitions in occupational roles, and complex, unpredictable problems. Similarly, envisioning and planning Future Work Selves (FWSs) are the tenets of career-related proactive career goal generation and regulation.

It therefore seems worth moving to a more systemic notion of resilience, focusing the attention both at the level of the intrapersonal system and at that of larger social, environmental, and organizational systems.

We therefore welcome quantitative and qualitative submissions aimed at broadening knowledge on the relationships between the dimensions mentioned and, by embracing a systemic approach, identifying the systemic conditions, actions, and supports for these resources to take place.



