



Protective Factors and Mechanisms of Mental Health in Children and Adolescents

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Message from the Guest Editors

As a generation of digital natives, adolescents have always been the main users of social networks. While social networking apps and websites are convenient for adolescent socialization and life, they are also full of potentially harmful information (e.g., regarding alcohol and tobacco). Numerous studies have shown that risk behaviors have negative effects on the physical, psychological, and social adaptation of adolescents.

How does the content on social networking sites affect adolescents' attitudes and tendencies towards risk behaviors? Will the behavior on social networking sites enhance the impact of potentially harmful information on adolescents' risk behaviors? In addition to addressing these questions, researchers should also focus on finding protective factors and feasible interventions. In response to these problems, this Special Issue aims to focus on the influencing mechanisms and protective factors of adolescent social network use and risk behaviors in order to reduce the likelihood of adolescent risk behaviors and the impact of negative messages.

