



Diagnosis and Psychological Intervention for Bipolar Disorder: From Childhood to Adulthood

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Message from the Guest Editors

Bipolar disorder (BD) is a chronic and disabling disease. The onset of BD generally occurs in late adolescence, however, in recent years, cases involving children have increased. In these latter circumstances it becomes very important to make a proper diagnosis, especially for overlaps with other psychiatric conditions, such as ADHD symptoms, or psychopathological dimensions, such as emotional dysregulation.

Little is known about the causes of BD, but the most relevant theories support the hypothesis of an early development of the disorder, in which oxidative stress and traumatic events play a fundamental role.

Pharmacological treatment is essential to stabilize the mood and to allow young people with BD to participate in psychoeducational treatments and in psychological interventions.

Therefore, it is essential to treat BD in an integrated way with the goal of reducing relapses and obtaining personal recovery.

In light of these premises, this Special Issue aims to advance the literature on BD from interdisciplinary perspectives.

