



The Impact of Psychosocial Factors on Health Behaviors

Guest Editor:

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Message from the Guest Editor

There has been a lot of research investigating the prediction of psychological factors for health behaviors. The goal of these research studies must be to contribute to improving the health status in various populations by changing the psychological factors and thus health behaviors in a timely manner. However, this transition has not been very smooth since the relationship between psychological factors and health behavior or health behavior change is very complicated. Therefore, in this Special Issue of Behavioral Sciences, we welcome studies that successfully address these issues or limits, or imply potential solutions in the future, and that significantly expand the current level of understanding of the impact of cognitive, emotional, behavioral, and environmental factors on various health behaviors for improving the health status in populations.

Keywords

psychological factors
cognitive factors
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health seeking behavior

