



Advances of Counselling Psychology for Children and Youth

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Message from the Guest Editors

This Special Issue is dedicated to recent advances in counselling psychology for children, adolescents, and emerging adults, concerning both basic and intervention research. The issue aims to cover a broad range of new perspectives, interventions, and techniques in counselling, such as: brief and strength-based therapies, parent and family counselling, play therapy, mindfulness techniques, prevention and mental health promotion programs, empowerment, school-based interventions, positive psychology interventions, and digital interventions. Moreover, this issue focuses on several psychological and psychosocial problems that children and youth face, including but not limited to the following: parental divorce, abuse, domestic violence, bullying, bereavement, depression, anxiety, career-related difficulties, and relationship problems. Last but not least, this Special Issue addresses additional important counselling issues encountered with children and youth, such as legal and ethical issues, chronic illness or disability, diversity, gender and LGBTQ+ issues. Both literature reviews and original research articles are welcomed.

