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Aging and Resiliency

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Deadline for manuscript
submissions:

closed (28 February 2022)

Message from the Guest Editors

Resiliency has become an important focus over the years in understanding how individuals withstand and adapt to hardships, including various traumas experienced throughout the life course. In particular, understanding the factors that contribute to resiliency in older adulthood is especially relevant as we experience worldwide unprecedented population growth of older adults. Elements of resiliency in older adults, especially during a global pandemic, with a focus on the implications for individuals, families, health systems, and public health.

As such, this Special Issue aims at advancing the literature on aging and resiliency. Therefore, we welcome theoretical and empirical contributions that expand knowledge on resiliency in older adults, including resiliency during the COVID-19 crisis. For more information, please visit Special Issue "**Aging and Resiliency**"

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Dr. Katherina Nikzad-Terhune

Guest Editors



mdpi.com/si/62501

Special Issue



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Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

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