



## Personality, Individual Differences and Psychological Health at Work

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### Message from the Guest Editors

Dear Colleagues,

The complexity of the current world of work has been exacerbated by the COVID-19 pandemic, and its consequences on the working lives of individuals calls for greater attention to be paid to psychological health and well-being at work and the promotion of healthy organizations. This perspective lays emphasis on workers' health and well-being as crucial components of an organization's success. Personality and individual differences, as variables of individuals' psychological health and well-being in the workplace, are critical for this purpose. Studying individual resources in this context could promote workers' psychological health, well-being and performance, which is essential for building healthy organizations and businesses from a strength-based perspective. Following this framework, this Special Issue aims at building the literature on personality and individual differences in relation to psychological health and well-being at work, encompassing different behavioral disciplines. We therefore welcome theoretical and/or empirical contributions that broaden the knowledge base on personality and other individual resources...

