





an Open Access Journal by MDPI

Health Behavior Change: Theories, Methods, and Interventions

Guest Editors:

Prof. Dr. Martin S. Hagger

Prof. Dr. Kyra Hamilton

Ms. Susette Moyers

Deadline for manuscript submissions:

closed (30 June 2024)

Message from the Guest Editors

Articles are expected to be at the forefront of innovation in terms of theory application, methodological advances, and intervention design and incrementally move knowledge on behavior change forward. The Special Issue will also provide a forum for scholarly debate on priority 'hot' topics in the field of behavior change. Suggested topics for articles eligible for this Special Issue include but are not limited to:

- Development and application of theories of behavior change
- Policy and practice of behavior change in health contexts
- Behavior change technique development
- Mechanisms of action of behavior change interventions
- Mediators and moderators of behavior change interventions
- Intervention design in behavior change
- Testing behavior change interventions
- Development of innovative behavior change methods
- Nudging and choice architecture
- Translation of behavior change interventions to practice
- Qualitative exploration of behavior change interventions
- Developments in measurement in behavior change



