Special Issue

Artificial Intelligence in Mental Health and Counseling Practices

Message from the Guest Editors

We are delighted to introduce our forthcoming Special Issue of *Behavioral Sciences* focused on artificial intelligence in behavioral health. This timely collection explores the intersection between Al technologies and behavioral health assessment, interventions, and treatment. Key themes will include the following topics:

- Al-powered screening and assessment tools that can identify early warning signs of mental health conditions;
- Natural language processing applications for therapeutic conversations and sentiment analysis;
- Machine learning approaches for treatment personalization and outcome prediction;
- Ethical considerations around data privacy, algorithmic bias, and the human–Al therapeutic relationship;
- Implementation frameworks for clinical settings with varying resources and technological capabilities.

Guest Editors

Dr. Carl John Sheperis

Kutztown University of Pennsylvania, Kutztown, PA 19530, USA

Dr. Donna Sheperis

Counseling Department, Palo Alto University, Palo Alto, CA 94304, USA

Dr. Mikael Rubin

Department of Psychology, Palo Alto University, Palo Alto, CA 94304, USA

Deadline for manuscript submissions

31 December 2025



Behavioral Sciences

an Open Access Journal by MDPI

Impact Factor 2.5 CiteScore 3.1 Indexed in PubMed



mdpi.com/si/241756

Behavioral Sciences Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 behavsci@mdpi.com

mdpi.com/journal/

behavsci





Behavioral Sciences

an Open Access Journal by MDPI

Impact Factor 2.5 CiteScore 3.1 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: https://www.mdpi.com/journal/behavsci. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

Editor-in-Chief

Prof. Dr. Jerrell Cassady

Department of Educational Psychology, Ball State University, Muncie, IN 47306, USA

Author Benefits

High Visibility:

indexed within Scopus, SSCI (Web of Science), PubMed, PMC, PsycInfo, and other databases.

Journal Rank:

JCR - Q2 (Psychology, Multidisciplinary) / CiteScore - Q2 (Development)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 29.6 days after submission; acceptance to publication is undertaken in 3.4 days (median values for papers published in this journal in the first half of 2025).

