

Special Issue

Physical Activity and Health: Social Psychology Perspective

Message from the Guest Editor

Physical activity is a behavior of great significance in the context of societies around the world. Promoting an active lifestyle has been used to improve health standards and quality of life, in which physical activity has been widely encouraged because of its physical and psychosocial benefits. From a global perspective, the research contributes to the broad understanding of behavior for developing new interventions that promote health. This Special Issue aims at advancing the literature on "Physical Activity and Health: Social Psychology Perspective" from interdisciplinary perspectives. We, therefore, welcome theoretical or empirical contributions that broaden the knowledge on those factors as social mechanisms of physical activity promotion.

Guest Editor

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With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

Editor-in-Chief

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