



## Beverage Intake in Vulnerable Population Groups

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### Message from the Guest Editor

Dear Colleagues,

Variety in beverage consumption contributes to reaching euhydration. However, the ability to access, purchase, prepare and drink a variety of beverages may be hindered in vulnerable population groups; these may include children, pregnant or breastfeeding women, individuals with physical or mental disabilities, elderly, ethnic minorities, refugees, or financially deprived individuals.

Qualitative and/or quantitative studies that evaluate beverage intake and identify barriers in vulnerable population groups are needed to develop education initiatives and public health policies towards euhydration for all.

Prof. Dr. Maria Kapsokefalou

*Guest Editor*

