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# **Biomechanics of Sports Injuries**

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# **Message from the Guest Editors**

Dear Colleagues,

Recently, as sports activities gradually increase and become part of life, the frequency of sports injuries gradually increases, and the interest in them is also increasing. Sports injuries can occur in any part of the body. Damage to the muscles of the body, as well as the shoulder, elbow, arm, hand, spine, hip, knee, foot, and ankle joints, may be present. These sports injuries can have a great economic impact as well as delayed return to daily life and sports activities if proper treatment and rehabilitation are not received for not only elite athletes but also ordinary people. In order to establish an appropriate treatment and rehabilitation process for sports injuries, it is essential to understand the biomechanics of sports injuries. Reviews of existing biomechanics as well as research related to new theories on the biomechanics of sports injury are actively welcomed.

This Special Issue collects original research focused on new biomechanics or recapitulation of previously described biomechanics as useful tools for understanding sports injuries.

Dr. Man Soo Kim Dr. Sue En Sohn Guest Editors











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