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## Plant Natural Products: Mechanisms of Action for Promoting Health

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### **Message from the Guest Editors**

Interest in plant-derived natural products has surged in recent decades, driven by the search for natural and sustainable health-promoting alternatives. Although these products have been used for millennia across various cultures, modern science is only beginning to unravel the molecular and biochemical mechanisms underlying their beneficial effects.

This Special Issue of *Biology*, titled "Plant Natural Products: Mechanisms of Action for Promoting Health," aims to compile cutting-edge research exploring how bioactive compounds from plants exert their biological effects. It covers a wide range of topics, from the identification and characterization of new therapeutic molecules to the study of their cellular and molecular mechanisms of action.

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## Message from the Editorial Board

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