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Recent Advances in Obesity and Hypertension

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Message from the Guest Editors

Obesity and hypertension are non-communicable diseases with high prevalence in the population and responsible for morbidities, death, and a considerable increase in the cost of health systems worldwide. Multiple factors are responsible for the emergence of obesity and hypertension, such as a diet rich in ultra-processed foods, inadequate sleep, stress, physical inactivity, and genetic and environmental factors. This Special Issue aims to disseminate knowledge about factors related to obesity or hypertension, but also to disseminate knowledge about treatment strategies (drug or non-drug) to combat the reduction in health risks that are related to obesity and hypertension. In this sense, studies that have investigated the determinants, correlates, and/or measures of obesity or hypertension in different population subgroups (children, adolescents, adults, older adults, populations with disease diagnoses) are welcome. Original research and review articles are welcome for submission to this Special Issue, which intends to publicize the area of obesity and hypertension.



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Special Issue



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Message from the Editor-in-Chief

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