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10th Anniversary of Biomedicines-Immune-Aging

Guest Editor:

Dr. Agnieszka Zembrón-Łacny

Department of Applied and
Clinical Physiology, Collegium
Medicum University of Zielona
Gora, Zielona Gora, Poland

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Message from the Guest Editor

Dear Colleagues,

Immune aging is defined as the changes in the immune system associated with age. It is a progressive and irreversible process involving a decrease in the number of naïve T and B cells, NK cells' cytotoxic activity, and disruption of oxi-inflammatory response by altering the production of reactive oxygen species, pro- and anti-inflammatory cytokines, and others. With age, there is an increase in autoimmunity and generalized inflammation with simultaneous immunodeficiency, which results in greater susceptibility to infectious diseases; a decrease in reactivity to prophylactic vaccinations; the incidence of autoimmune diseases; and increased risk of infectious injury complications, exacerbation of symptoms of chronic diseases, and an insufficient response to the presence of cancer cells. For years, based on the analysis of the frequency of viral and bacterial infections, immunological indicators and inflammation, attempts have been made to develop the immune risk profile and effective methods of preventing disorders of the immune system and prolonging the functional capacity in older age.

Dr. Agnieszka Zembrón-Łacny

Guest Editor



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Prof. Dr. Felipe Fregni

1. Neuromodulation Center and
Center for Clinical Research
Learning, Spaulding
Rehabilitation Hospital and
Massachusetts General Hospital,
Harvard Medical School, Boston,
MA 02114, USA
2. Department of Epidemiology,
Harvard T.H. Chan School of
Public Health, Boston, MA 02115,
USA

Message from the Editor-in-Chief

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Biomedicines Editorial Office
MDPI, Grosspeteranlage 5
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