



Sleep in Healthy and Pathological Aging

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Deadline for manuscript
submissions:

closed (3 August 2021)

Message from the Guest Editors

The present Special Issue is focused on the sleep patterns observable in healthy and pathological aging. Specifically, our aim is to attract research articles concerning the following research topics:

1. Sleep pattern changes in healthy and pathological aging;
2. Sleep disorders in healthy aging and age-related neurodegenerative diseases;
3. Association of sleep features with normal and altered daily functioning in the elderly;
4. Role of sleep hallmarks as possible biomarkers for pathological aging;
5. Sleep deprivation and sleepiness in older people;
6. Neurobiology of dreaming in healthy and pathological aging;
7. Treatments of sleep in aging as a possible clinical approach to early stages of Alzheimer's Disease





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Message from the Editor-in-Chief

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