



Psychological Approaches to the Understanding and Treatment of Psychological Difficulties in Individuals with Neurodegenerative Diseases

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Deadline for manuscript
submissions:

15 July 2025

Message from the Guest Editor

Dear Colleagues,

Neurodegenerative diseases (NDDs) are life-limiting and often incurable conditions characterised by progressive neuronal death. They represent one of the greatest global health challenges of our time.

Historically, our understanding of psychological difficulties in NDDs has been dominated by neurobiological conceptualisations, which assume that psychological difficulties occur as a result of pathophysiological processes such as structural changes in the brain. More recently, however, it has been recognised that the psychological issues in NDDs are likely caused by a combination of both neurobiological and psychological factors.

Thus, this Special Issue aims to provide a dedicated platform for researchers worldwide to publish new evidence on psychological approaches to NDDs, including theoretical and applied contributions on several aspects involved with working psychologically with people with NDDs, such as emotional and behavioural difficulties, psychotherapy, psychosocial intervention, and health psychology constructs. Studies focused on cognition will also be considered if aimed at improving psychological well-being.

Dr. Nicolò Zarotti
Guest Editor



mdpi.com/si/211169

Special Issue



an Open Access Journal by MDPI

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