



## Anxious Brain: Stress Influence on the Nervous System

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### **Message from the Guest Editor**

They can greatly affect quality of life, especially in young adults. In this Special Issue, we aim to examine the interrelations between environmental stress factors, such as psychological, and biological (oxidative) and substance misuse, and their impact on the brain structure and function. We will also consider the pivotal role of shifting forms of stress in modern society, due to dynamic changes in lifestyle.

It is clear that anxiety and mood disorders also share some clinical features and underlying mechanisms, notably depressive and anxiety disorders which occur as a consequence of adaptation challenges and in response to critical stressful life events. This raises questions about endogenic conditions and “psychogenic” psychopathological reactions, according to Carl Jaspers.

Therefore, our Special Issue is open to contributions explaining the mechanisms and stress–diathesis interactions across the whole spectrum of affective disorders and their comorbidities.





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## Message from the Editor-in-Chief

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