

Special Issue

Lifestyle Factors in Neurological Disorders

Message from the Guest Editors

The complex interrelationship between the social and physical environment with biological, behavioral, and psychological factors are thought to contribute to health outcomes across the lifespan. Lifestyle factors, such as diet, exercise and social activity, have been examined as potential targets for the prevention of various disorders, including neurological disorders like Alzheimer's disease, multiple sclerosis, and others. These variables may also interact with other risk and protective factors, such as cardiovascular disease, metabolic syndrome, and depression. This Special Issue focuses on studies examining how lifestyle, metabolic, and social-behavioral factors and experiences may contribute to the development and progression of neurological disorders. Articles that advance our knowledge on topics such as nutrition, physical activity, stressful experiences, health behaviors and other risk and protective factors are of interest. Research in this area could lead to recommendations related to the prevention of disease or disability associated with these diseases. We welcome reports of observational and experimental studies, meta-analyses and review articles.

Guest Editors

Dr. Nicole M. Gatto
Dr. Grace J. Lee
Dr. Karen Jaceldo-Siegl

Deadline for manuscript submissions

closed (29 February 2024)



Brain Sciences

an Open Access Journal
by MDPI

Impact Factor 2.8
CiteScore 5.6
Indexed in PubMed



mdpi.com/si/134599

Brain Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
brainsci@mdpi.com

[mdpi.com/journal/
brainsci](https://mdpi.com/journal/brainsci)





Brain Sciences

an Open Access Journal
by MDPI

Impact Factor 2.8
CiteScore 5.6
Indexed in PubMed



[mdpi.com/journal/
brainsci](https://mdpi.com/journal/brainsci)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA
15260, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, PSYINDEX, PsycInfo, CAPlus / SciFinder, and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.6 days after submission; acceptance to publication is undertaken in 2.5 days (median values for papers published in this journal in the second half of 2025).

Recognition of Reviewers:

reviewers who provide timely, thorough peer-review reports receive vouchers entitling them to a discount on the APC of their next publication in any MDPI journal, in appreciation of the work done.