



Sarcopenia and Frailty as a Prognostic/Outcome Biomarker of Urological Cancer Patients

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Message from the Guest Editors

Sarcopenia is a condition characterized by the degenerative and systemic loss of skeletal muscle mass with the reduction of skeletal muscle strength and physical performance. Sarcopenia reflects not only the frailty of the host and intolerance to cancer therapy but also the presence of cancer cachexia. Thus, sarcopenia is one of the most clinically important factors in the management of cancer-bearing patients.

In the field of urological cancers, including urothelial cancer, kidney cancer, and prostate cancer, a growing number of studies have shown the strong prognostic value of sarcopenia in association with therapeutic modalities according to the disease extent. Currently, minimally invasive robotic surgery is becoming a mainstay of urological cancer surgery.

This Special Issue of *Cancers* focuses on the role of sarcopenia as a prognostic biomarker of urological cancer patients in contemporary clinical practice. This special issue also covers frailty as a treatment outcome biomarker of those patients.





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Message from the Editor-in-Chief

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