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Dietary Habits, Social Determinants of Health and Obesity Risk in Children and Adolescents

Guest Editor:

Dr. Alexandra Foscolou

Department of Nutrition and Dietetics, School of Physical Education, Sports and Dietetics, University of Thessaly, 42132 Trikala, Greece

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Message from the Guest Editor

Dear Colleagues,

I am honored to have been asked to serve as a guest editor for the new Special Issue of *Children* entitled "Dietary habits, Lifestyle Behaviors, and Obesity Risk in Children and Adolescents", and I am pleased to invite you to submit a relevant paper.

Childhood obesity is a serious medical condition that affects children and adolescents. According to the World Health Organization, more than 340 million adolescents and 39 million children are obese. Many factors can contribute to excess weight gain, including eating patterns, physical activity levels, and sleep routines. Social determinants of health, i.e., the conditions in which we live, learn, and work, also play a role.

The aim of this Special Issue is to produce a rich collection of research, articles, and opinions for clinicians, academics, and policymakers in the field of children's wellbeing. Contributions involving all aspects of this topic will be welcomed.

I look forward to receiving your contributions.



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Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MI 65201, USA

Message from the Editor-in-Chief

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Children Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/children children@mdpi.com