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Nutritional Status and Eating Patterns in Children and Adolescents: Prevalence, Screening and Prevention of Metabolic Disorders

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Message from the Guest Editors

Dear Colleagues,

The increasing rates of malnutrition in children and adolescents have become a major public health concern, due to its negative effects during this critical period of development and also in adulthood. Within this context, metabolic disorders due to an excess of weight in childhood represent an alarming challenge because children with obesity are prone to remain obese throughout their lives and have an increased morbidity and mortality risk.

Therefore, the screening and assessment of the nutritional status, growth patterns, and eating behavior in children and adolescents are essential for preventing non-communicable diseases at early stages. Scientific research will contribute to updating the epidemiology of nutritional status of children and adolescents in different countries, understanding the diet patterns of new generations worldwide, and spreading information among public health stakeholders and policymakers.

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Guest Editors



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Special Issue



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Message from the Editor-in-Chief

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