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Current Issues and Future Perspectives in Youth Sports

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Message from the Guest Editors

Dear Colleagues,

Youth sport has great potential to bring positive outcomes for children and adolescents regarding physical and mental wellbeing and social development. Being active in sport from a young age supports the development of an active lifestyle, preserving these positive effects in the long term. Moreover, it may build the foundation for participating in elite sports. However, there are a lot of challenges within youth sport to ensure a positive and safe sport climate that supports children's development and keep youngsters involved. This Special Issue focuses on current issues in youth sport and identifies future perspectives to create better youth sport experiences.

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Special Issue



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Message from the Editor-in-Chief

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