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# **Psychological Counseling for Children and Adolescents**

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## **Message from the Guest Editors**

Dear Colleagues,

Unlike therapies in physical medicine, psychological therapy cannot result from diagnoses and therapeutic interventions based on biological, anatomopathological or pharmacological evidence of causality. Regarding the current classification of mental disorders, all diagnoses are given by humans based on exclusively clinical observations. The interventions use psychological approaches developed from a philosophical corpus and are still closely linked to it.

As a physical counter-example, let us consider that everywhere in Europe (and perhaps also worldwide), the way that an oncologist would react to breast cancer would be relatively unified, but on the contrary, psychological counselling for children and adolescents strongly differs between professionals. That is why today it is still too early to have a unique, well-documented and well-proven procedure; it seems better at this stage to let diverse research explain different researchers' experiences.













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### **Message from the Editor-in-Chief**

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