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Promoting Breastfeeding and Human Milk in Infants

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Message from the Guest Editors

Dear Colleagues,

Breast milk is considered by the scientific community and all institutions dealing with pediatric health as an important element of well-being in the short and long term for newborns. For premature babies, it is considered a life-saving drug, thanks to the protective effect against the main complications of prematurity and, when the mother's milk is not available, the second nutritional option is the donated milk from to milk banks. Extensive use of maternal milk results in healthier children and adults. For this reason, many states have adopted breastfeeding promotion measures that led to higher percentages over the years, but the objectives established worldwide have not yet been achieved. Worrying breastfeeding rates are recorded in low-income countries. Studies relating to human milk, both regarding its composition and the correlation between bioactive factors and the prevention of pathologies, as well as the use of donated milk, are welcome, but also studies analyzing the state of the art in breastfeeding and the factors that have been shown to be effective in promoting breastfeeding and the use of human milk.



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Special Issue



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Message from the Editor-in-Chief

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