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Asthma and Its Impact in Adolescents

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Message from the Guest Editor

Bronchial asthma is a chronic disease that limits the quality of life of adolescents and causes a high socio-economic impact to their families and the health-care system. Moreover, appropriate diagnostic tools are now available and of acceptable cost in the majority of countries. Robust international behavioral and interventional guidelines have extensively penetrated all continents with the aim to significantly reduce the morbidity and mortality of asthma in children and adolescents. Nevertheless, despite these huge efforts, bronchial asthma is still underestimated. In particular, the awareness of asthma is still dramatically low in adolescents and teenagers, who tend to neglect and disregard their health status, and refuse or abandon the treatments prescribed, especially if long-lasting, thus leading to uncontrolled asthma or life-threatening relapses. In any case, we must be aware that the final results of our actions always stem from the most updated scientific knowledge. The aim of the present Special Issue is to highlight and update the role of major factors capable of influencing and optimizing the definition of asthma and its management in adolescents.



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Special Issue



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Message from the Editor-in-Chief

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