



children



an Open Access Journal by MDPI

New Insights into Back Health Intervention in Children

Guest Editors:

Prof. Dr. Vicente Miñana-Signes

Dr. Manuel Monfort-Pañego

Dr. Josep Vidal Conti

Prof. Dr. Matias Noll

Deadline for manuscript submissions:

25 August 2024

Message from the Guest Editors

During the second half of the 20th century, nonspecific low back pain (LBP) became a major problem for public health systems in the Western world. Currently, the prevalence of back problems at school age is high. The European guidelines for LBP prevention based on scientific studies and recent review studies conclude that there is insufficient evidence to recommend generalized educational intervention in school-age children, but state that the development of preventive programs and risk factor modification would be beneficial. Thus, there is a wide consensus on the need to address back health problems at early ages in an educational context. Comprehensive back health education interventions should focus on improving back health awareness and encouraging the development of healthy habits through motivating activities. This Special Issue aims to analyze the current state of educational interventions for the care and improvement of back health. In addition, it seeks to select the most important research studies on interventions under development, point out the most effective models and methodological strategies in diverse educational contexts.



mdpi.com/si/196140

Special Issue



children



an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and
Neurology, University of Missouri,
400 Keene Street, Columbia, MI
65201, USA

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Author Benefits

Open Access: free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

High Visibility: indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [PMC](#), [Embase](#), and [other databases](#).

Journal Rank: JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)

Contact Us

Children Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/children
children@mdpi.com