



Effects of Screen Time on Children’s Mental, Social, and Cognitive Health

Guest Editor:

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Deadline for manuscript
submissions:

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Message from the Guest Editor

Dear Colleagues,

We are pleased to invite contributions to our upcoming Special Issue which will focus on the multifaceted impact of screen use and social media on the mental, social, and cognitive health of children.

Scope and Topics:

- **Mental Health**—examining the effects of screen time, social media, and gaming on children’s anxiety, depression, self-esteem, and overall emotional well-being.
- **Social Health**—investigating how digital interactions affect children’s social skills, peer relationships, play, and behaviors.
- **Cognitive Health**—analyzing the impact of screens, social media, and gaming on attention spans, academic performance, cognitive development, curiosity, creativity, wonder, and learning processes.

We welcome original research articles, reviews, systematic reviews, meta-analyses, and case studies that provide insights into both the potential risks and benefits associated with screen use among children. Submissions that offer innovative solutions, strategies for promoting healthy digital habits, and guidelines for parents and educators are highly encouraged.





children



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Message from the Editor-in-Chief

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