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New Research in Childhood Nutrition

Guest Editor:

Dr. Jose J. Muros Molina

Department of Didactics of Musical, Plastic and Corporal Expression, University of Granada, 18071 Granada, Spain

Deadline for manuscript submissions:

closed (20 October 2022)

Message from the Guest Editor

Healthy eating habits have been demonstrated to have a positive influence on preventing chronic diseases and improving mental health in children and adolescents. However, changes to diets and lifestyles have meant that children are now consuming substantially poorer diets, with a lower consumption of fruit and vegetables, and a higher consumption of energy-dense foods, sugary drinks, and ultra-processed foods. These changes are not only seen in high-income countries. Low and middle-income countries have also experienced changes, which have resulted in the coexistence of both overnutrition and undernutrition.

The goal of this Special Issue in *Children* is to highlight new research in childhood nutrition. We welcome reviews and original research which consider novel approaches and identify gaps in knowledge. We also encourage submissions that explore how nutrition may impact upon physical and mental health during these stages.



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Special Issue



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Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MI 65201, USA

Message from the Editor-in-Chief

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Contact Us

Children Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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mdpi.com/journal/children
children@mdpi.com