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Towards Children's Healthy Growth: Improving Children's Nutrition and Eating Behaviors

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Deadline for manuscript submissions:

closed (1 November 2023)

Message from the Guest Editors

Dear Colleagues,

Nutrition plays a vital role in children's health. Childhood is a time of rapid growth and development with biologic, psychosocial, and emotional changes. These changes place elevated nutritional demands on children. The types of health behaviors; the influences of family and the environment; and cultural, socioeconomic, and psychological factors, can present barriers to healthy eating for children. Nutrition deficits and poor eating habits established in childhood have immediate and long-term adverse health, growth, and developmental consequences that might also be carried into adulthood.

This Special Issue of *Children* is focused on children's nutrition, feeding, and eating behaviors, and their relationship to child health outcomes. This Special Issue is designed to document and disseminate original qualitative and/or quantitative research and emerging issues and practices relevant to these issues globally.



mdpi.com/si/107429

Special Issue



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Message from the Editor-in-Chief

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