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## Effects of Exercise on Children Physical Development

Guest Editor:

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Deadline for manuscript  
submissions:

**closed (31 December 2020)**

### Message from the Guest Editor

Sport and physical exercise can be effective in increasing socialization, inclusion, self-esteem, wellbeing and even more so in children following acute diseases and with chronic diseases than in healthy subjects. Lifestyle intervention might be properly designed and realized, adapting existing effective models, in the family, school, gym, and sport context, following models of fun and healthy competition. Sport and exercise are as important as traditional formation and progressive knowledge but might be properly integrated and enhanced to be effective on a large scale. Articles concerning successful intervention with sport or regular physical activity both in healthy children as well as in children affected by chronic disease are welcome. Programs implemented in families, schools, in sport or other contexts will be considered. New approaches to long-term monitor physical activity will be considered. Motivational intervention will also be considered. Any other valuable papers on this essential field will be evaluated.



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**Special** Issue



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## Editor-in-Chief

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## Message from the Editor-in-Chief

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