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## Diagnosis and Treatment of Eating Disorders in Children and Adolescents

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### Message from the Guest Editors

Eating disorders are among the most prevalent, disabling, and potentially fatal mental disorders of unknown aetiology that can go undetected for years. Diagnostic systems recognise six main types of eating disorders: anorexia nervosa, bulimia nervosa, binge eating disorder, avoidant restrictive food intake disorder, pica, and rumination disorder.

Disturbed eating attitude is a key factor in the origin and disease sustenance that can result in medical complications of numerous organs. Due to physiological characteristics of growth and development, complications in children and adolescents can be serious, even irreversible if recognized late.

This Special Issue therefore aims to increase the knowledge of these complex disorders by inviting researchers and experts in this field—physicians, paediatricians, psychiatrists, psychologists, epidemiologists, nutritionists, kinesiologists and sports coaches—who work in close association with children and adolescents. Special focus will be laid on diagnostic approaches, and the design of practice and treatment modalities for patients/families.



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**Special** Issue



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## Message from the Editor-in-Chief

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