



*children*



an Open Access Journal by MDPI

## New Trends in Adolescent Health and Development

Guest Editors:

**Dr. Artemis K. Tsitsika**

**Dr. Theodoros N. Sergentanis**

**Dr. Eleni D. Panagouli**

Deadline for manuscript  
submissions:

**closed (5 November 2023)**

### Message from the Guest Editors

Adolescence is the transitional period between childhood and adulthood, which is generally characterized by good health. Nevertheless, it is a period with specific health challenges and developmental needs. Important changes take place, such as physical-hormonal (puberty, musculoskeletal, etc.), neurodevelopmental (emotional responses, sleep regulation, and cognitive capacities), psychological, and social changes. These special characteristics are often related to the emergence of certain health issues and high-risk behaviors.

Considering the success and popularity of the Special Issue entitled “New Frontiers in Adolescent Health and Development” previously published in the journal *Children* ([https://www.mdpi.com/journal/children/special\\_issues/Adolesce](https://www.mdpi.com/journal/children/special_issues/Adolesce)) we are now releasing a related issue.

We invite the submission of manuscripts dealing with the most common health-related issues observed in this specific age group. Original research papers, systematic reviews, and meta-analyses are welcome.



[mdpi.com/si/147992](https://www.mdpi.com/si/147992)

# Special Issue



# children



an Open Access Journal by MDPI

## Editor-in-Chief

### **Prof. Dr. Paul R. Carney**

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MI 65201, USA

## Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [PMC](#), [Embase](#), and [other databases](#).

**Journal Rank:** JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)

## Contact Us

---

*Children* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/children](http://mdpi.com/journal/children)  
[children@mdpi.com](mailto:children@mdpi.com)