



## Movement Behaviors and Motor Skills in Early Years Children

Guest Editor:

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### Message from the Guest Editor

Dear Colleagues,

Movement behaviours (sleep, sedentary behaviour, and physical activity) have been extensively associated with fitness, adiposity, and motor skills in children, and motor skills have been correlated with a number of early childhood outcomes, including physical activity levels, academic achievement, and school readiness. It is evident that movement behaviours and the development of motor skills are crucial in early childhood. This Special Issue aims to publish a wide range of evidence concerning movement behaviours and motor skills, including, but not limited to, the following:

- The current levels of movement behaviours and motor skills in early-years children;
- The benefits associated with movement behaviours and motor skills;
- Intervention studies;
- Measurement feasibility/validity studies;
- Qualitative studies from a parent, child, and education provider perspective;
- Reviews of movement behaviours and motor skills;
- Context and impact of sedentary time.

Dr. Dan Jones  
*Guest Editor*





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