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Physical Activity and Sedentary Behaviour in Children and Adolescents

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Message from the Guest Editors

Dear Colleagues,

Physical activity is an important determinant of health that is associated with a range of physical and psychosocial benefits. Despite this, we know that many children and young people spend a lot of time engaged in sedentary behaviours. Physical activity is a complex behaviour influenced by a range of factors. The accurate measurement of physical activity remains a major challenge to researchers. The goal of this special edition is to provide a wide-reaching and contemporary snapshot of paediatric physical activity research. The issue will be aligned to aspects of the Behavioural Epidemiology Framework. We are interested in articles covering topics such as advances in paediatric physical activity measurement, the use of creative methodologies within intervention design and evaluation, the interplay between physical activity and/or sedentary behaviour and health in children, evaluations of interventions, including effectiveness and process evaluations, and new horizons in children's physical activity, including policy development and commentaries, among others.

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Special Issue



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Message from the Editor-in-Chief

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