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Risk of Metabolic, Endocrine and Cardiovascular Disorders in Children with Overnutrition and Undernutrition

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Message from the Guest Editor

As reported by the World Health Organization, child growth is internationally recognized as an important indicator of nutritional status and health in populations. There is a growing body of evidence that nutritional status can both positively and negatively modulate the organ systems involved in the homeostasis of the body. Both undernutrition and overnutrition are associated with endocrinometabolic and cardiovascular derangement and pro-inflammatory processes, increasing the risk of agerelated morbidity and premature mortality.

In particular, childhood obesity, prenatal malnutrition, undernutrition, and overnutrition in children with disability and/or other chronic diseases are associated with cardiovascular disease, diabetes, metabolic syndrome, and endocrine disorders

Healthy nutrition and physically active lifestyles are key elements to preserving health and well-being and reducing endometabolic and cardiovascular disease risks. The early detection of comorbid conditions related to malnutrition is useful for developing personalized interventions and preserving cardiometabolic health into adulthood.













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Message from the Editor-in-Chief

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