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Promoting Social Emotional Competences and Mental Wellbeing among Children and Adolescents through Digital Technologies

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Message from the Guest Editors

Dear Colleagues,

Social emotional competence and mental wellbeing are essential for healthy development and quality of life among children and adolescents, especially as they progress towards adulthood; a worrisome portion of the global youth population struggle with mental health issues and SEC deficiencies, exacerbated by the COVID-19 pandemic. Digital technologies—such as mobile apps, virtual reality, serious games, and large language models—offer potential solutions to this problem, as recent meta-analyses have proven the overall beneficial effects of these technologies.

This Special Issue welcomes submissions of design cases, impact studies, longitudinal and cross-sectional studies, as well as systematic reviews and meta-analyses that explore the utilization of various technological advancements to enhance SEC and mental wellbeing among youth. Topics include, but are not restricted to, the design and evaluation of innovative interventions, technology-assisted diagnosis and assessment methods, and analyses of influencing factors.

Dr. Heng Luo
Prof. Dr. Ikseon Choi
Guest Editors



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Special Issue



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Message from the Editor-in-Chief

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