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# Nutrition in Pediatric Patients and Vulnerable Populations: Updates and Advances

Guest Editors:

#### Prof. Dr. Tonia Vassilakou

Department of Public Health Policy, School of Public Health, University of West Attica, 11521 Athens, Greece

## Dr. Maria G. Grammatikopoulou

Unit of Immunonutrition & Clinical Nutrition, Department of Rheumatology & Clinical Immunology, Larissa University Hospital, Faculty of Medicine, University of Thessaly, Larissa, Greece

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## **Message from the Guest Editors**

Undeniably, our children are an important segment of the population, and protecting their health means protecting the health of future adults. Indeed, childhood is a pivotal period epigenetically, setting the basis for health and disease, future healthcare use, and health-related expenses. In this matrix, nutritional status and dietary interventions important environmental are effectors. interplaving with genetic and other environmental traits. Recent advances in healthcare, evidence-based nutrition recommendations, and the focus on children's health have all resulted in significant improvements in the health of children, improving prognosis and life expectancy among vulnerable and patient populations.

In this Special Issue, we aim to synthesize existing evidence on the advances and updates regarding the nutritional care and status of pediatric patients and vulnerable populations, turning the spotlight on all nutrition-related problems in infants, children, and adolescents today. We thus welcome your submissions focusing on nutrition-related issues among the aforementioned populations and look forward to showcasing your research.













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## **Editor-in-Chief**

#### Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MI 65201, USA

## **Message from the Editor-in-Chief**

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